



# FPD SCHOOL OF HEALTH SCIENCES



## SHORT COURSE IN MENTAL HEALTH EMERGENCIES

110 Countries | Over 570 000 Students | 27 Years



Ranked **3<sup>rd</sup>** best Private  
Higher Education Institute  
in South Africa by the  
**World Scholarship  
Forum**



Registered with the Department of Higher Education and Training as a Private Institution of Higher Education under the higher education act, 1997. Reg No. 2002/HE07/013

### ▶ INTRODUCTION

Mental health emergencies, like any emergency, requires instant recognition, swift reaction and appropriate management to avert potentially fatal outcomes. This is especially true in a primary care setting where the healthcare worker is often the first contact to encounter psychiatric emergencies. It is thus essential that all healthcare providers have the knowledge and skills to manage a potentially violent and aggressive patient, to deflect the aggression, to appraise patients with suicidal intentions and to manage all psychiatric emergencies related to catatonia. It is crucial that healthcare workers recognise drug adverse effects of psychiatric medication and be able to implement corrective action. This short course will improve the awareness, contribute to improved skills and competencies of those who care for and treat mentally ill patients and hence contribute to better outcomes and quality of care of these most vulnerable persons in our society.

### ▶ WHO SHOULD ENROL?

- Medical practitioners
- Medical interns
- Psychologists
- Professional nurses
- Clinical associates

### ▶ EXIT LEVEL OUTCOMES

**After successful completion of the course, participants should be able to:**

- Demonstrate appropriate techniques to identify and interview an aggressive patient to ensure optimal safety for all.
- Appraise a patient with suicidal ideation and implement a safety plan with protective factors.
- Recognise symptoms, evaluate and treat a patient presenting with signs and symptoms of catatonia.

- Demonstrate knowledge of drugs utilised in psychiatry to recognise adverse effects by evaluating patients presenting with five specific conditions and implementing corrective action for these.

### ▶ COURSE CONTENT

**There are four modules included in this course:**

1. The aggressive patient
2. The suicidal patient
3. Malignant catatonia
4. Medication-induced side effects

### ▶ COURSE DESIGN AND DURATION

The course is offered as an interactive online course that comprises of comprehensive learning materials that are supplemented with additional resources. Students have 3 months to complete the course from the date of enrolment.

### ▶ ASSESSMENT AND CERTIFICATION

Participants will be awarded a certificate of completion upon working through all contents and successfully completing the assessment process. A CPD certificate will be awarded if a cumulative pass mark of 70% is obtained.

### ▶ ACCREDITATION

Accredited according to the HPCSA's Medical and Dental Board Guidelines for Healthcare Professionals for 8 Clinical CEU's on Level 2.

### ▶ COURSE FEE

**R 1 100** (Inclusive of all VAT and taxes where applicable)

**FIND OUT MORE!**

<https://bit.ly/3vMQVPL>

#### For more information, Please Contact:

Tel: 087 821 1109 or 012 110 4080 | Fax: 086 550 3692 | Email: [shortprog@foundation.co.za](mailto:shortprog@foundation.co.za) | [www.foundation.co.za](http://www.foundation.co.za)

FPD Knowledge Park, 173 Mary Road, The Willows, Pretoria



FPD is a member of  
the SAMA Group